

# "I was hungry and you fed me..."

Matthew 25:35 MSG

# ST. ANDREW'S PRESBYTERIAN CHURCH

Ministry of Care
The Ministry of Presence

# Support

Our Care Share team responds to individual needs identified by ministerial staff, elders, office staff and the congregation by providing short term support in crisis situations requiring food preparation, and/or other specific needs that can be met by a volunteer.

# Why we help

Since the earliest days of the church, compassionate practical service has been a central component of the Christian faith community. The Gospels have stories of Jesus feeding hungry people, helping the sick, comforting the struggling. The book of Acts describes devout believers being consecrated to the task of overseeing food distribution to those who need it.

Our Care Share team at St. Andrew's provides a means of continuing this same practical, caring service. Food is provided, support is given, immediate needs are met, relationships enhanced, and some concerns eased. Givers and receivers are both blessed in the sharing

#### **MEAL TRAIN**

Meal Train (www.mealtrain.com) is an easy way to let volunteers know when meals are needed for someone in our faith family.

#### How does it work?

When a need is identified, volunteers who have signed up for this ministry will receive an email with all the details (who is receiving the meals, allergies, delivery instructions, and dates meals are needed). As a volunteer, when you receive the email, you decide if you can help, and select a date that works for you. It is an easy and effective way to organize meal delivery and it is convenient for volunteers to sign up to deliver meals when able.

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# How can you help? Sign up for Meal Train

If you are interested, please contact the church office at 403-255-0001, or email office@standrewscalgary.ca.

#### CHRISTMAS BLESSING STOCKINGS

At Christmas, Care Share and Two's Company team up to reach out to our homebound by putting together Christmas Blessing Stockings. The stockings are filled with goodies and trinkets which are delivered to our homebound and to those who are sick or in hospital during December.

# Confidentiality

All needs requests are kept confidential within the office and the volunteers on Meal Train. The request may be added to the weekly LinX email if verbally agreed upon with the recipient.

# **Leading with Care**

All Care Share visitors follow The Presbyterian Church in Canada's Leading with Care Policy.

# Let us support you

If you or someone you know would benefit from a meal or short term support in crisis situations requiring food preparation, and/or other specific needs that can be met by a volunteer, please contact the church office or email office@standrewscalgary.ca

Please tell us how we can help.

# If you are interested in learning more...

#### ST. ANDREW'S PRESBYTERIAN CHURCH



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Email Judie, Pastoral Care Coordinator, at pastoralcare@standrewscalgary.ca